

1st Annual Lady Buffalo Powerlifting Meet



Hugo Public Schools would like to invite you and your Team to attend our 1st Girls Only powerlifting meet. It will be held at the Old Grant Gym just South of Hugo. We will have 2 Divisions, Junior High and High School. The top 5 will medal in all weight classes, as well as a Plaque to the Team Champion and Runner-Up.

Cost will be \$120 per team. If you have less than 5 lifters, the cost will be \$30 per entry. No outside food or drinks will be permitted. There will be a concession, and there will be nice big Breakfast Burritos for sale. There will also be lunch meals for purchase as well. The Hospitality room will be packed with food.

There haven't Historically been many Girls only Meets. This should be a good meet for your young ladies to see how they stack up against the other girls in their classes, without having to wade through a sea of young men. I hope to see you there,

Coach Krystopher Gross- Head Coach- Hugo

- **When- Tuesday, February 13th**
- **Coaches Meeting at 9:30- Lifting will begin at 10 a.m**
- **Where- The Old Grant Gym Located at- 201 N Everidge St, Grant, OK 74738**
- **Weigh in will be online**
- **Please make checks payable to Hugo Public Schools- Football**
- **If mailing checks, please mail to - 1603 East Kirk, Hugo, OK 74743**

- **Point of Contact- Coach Gross- (580) 212- 9260 or Kgross@hugoschools.com**