McLoud Powerlifting Meet

Junior High- 7th, 8th, 9th Separate Divisions Thursday February 4th, 2026 Junior High Girls

High School- Large and Small Division Friday February 5th, 2026 High School 9th-12th Large and Small School Girls Division

Where: McLoud Gymnasium
Weigh-In: Pre-Weigh in Entry form
Coaches Meeting at 8:45
Meet will begin at 9:00 am both days

Cost: High School - $150 per team (Friday) $100 for 5 or few lifters
Junior High- $150 7th, 8th, 9th (Thursday)($100 for 5 or few lifters)
High School Girls-$150 per team (Friday) $100 for 5 or few lifters
Junior High Girls-$150 per team (Thursday) $100 for 5 or few lifters

A pre weigh-in is REQUIRED. COACHES PLEASE WEIGH YOUR ATHLETES AND FILL OUT THE MEET ENTRY FORM AT UNDER February MEETS FOR MCLOUD. YOU CANNOT HAVE MORE THAN THREE PER WEIGHT CLASS WITH THEIR OPENING LIFTS.

Junior High
Please specify the grade on the entry form for each kid
We will medal first through Fifth place in each weight class in each grade.
We will have High School kids that will judge the Junior High Meet.
Champion and Runner-Up team plaques will be awarded per Grade.

High School
There will be a Large School,Small School division (depending on numbers) and Girls Division, we will medal 1st-5th medals for each weight class. Champion and Runner-Up place team plaques will be awarded per division.
Full Concession will be available
No ICE Chests
Gate: $5 for adults $3 for students

- We will have a 40 school limit High School, 30 school limit for JH so the first schools to call and confirm will be entered. Entry Fee Checks should be made out to : McLoud Touchdown Club

Please Contact to confirm:
Ray Headley, 405-306-0037, ray.headley@gmail.com

McLoud Powerlifting Meet

Release Form:

School:_____ Coach:_____

Name of Lifter:_____ Weight:_____

We, the undersigned, agree not to hold the Oklahoma Powerlifting Coaches Association and/or Okemah Public Schools and officials liable in the event of an accident. We further agree to abide by all rules and regulations established by the O.P.C.A.

_____ _____

(Signature of Lifter) (Signature of Parent)

_____ (Signature of Coach)

NOTE: 1. Each lifter is to have this form completed and signed before competition. 2. Each coach is to run off as many copies of the form as needed