

Dear
Coaches,



We are thrilled to invite you to the 2026 Piedmont Powerlifting Meet! We will be holding the meet over three days, February 11-13, located at the Piedmont High School WAC (1055 Edmond Rd NW).

The event schedule is as follows:

- 2.11 - JH & HS Girls
- 2.12 - JH Boys
- 2.13 - HS Boys

Entry Fees:

- JH & HS Boys Teams - **\$200** per team, **\$150** for five or fewer lifters.
- JH & HS Girls Teams - **\$150** per team, **\$100** for five or fewer lifters.

Please make all checks payable to **Piedmont Touchdown Club**. (An invoice can be provided before the meet to expedite payment if necessary.)

Weight Classes according to OPCA and OGPCA standards (**Girls' classes have changed this year!**):

- JH Boys: 105-114-123-132-145-157-168-181-198-220-HWT
- HS Boys: 123-132-145-157-168-181-198-220-242-275-HWT
- JH Girls: 97-105-113-123-132-143-155-168-181-HWT
- HS Girls: 105-113-123-132-143-155-168-181-198-220-HWT

Competition Divisions:

- JH B&G: 7th against 7th, 8th against 8th, 9th against 9th
- HS B&G: All HS

Please enter your athletes and complete the meet entry listed on the OPCA website under the February meets for Piedmont. **Please note:** No more than three athletes per school, per weight class, will be allowed, including opening weights. Entries will be accepted until Monday, February 9th, @ 5:00 pm. Please contact Kara if any changes are needed. **Ensure that a complete Liability/Release form for each lifter is filled out and turned in before the start of the meet.**



There will be a hospitality room available for all coaches. There will also be a full concession

stand for lifters with breakfast, lunch, and snacks. No outside ice chests/coolers are allowed in the WAC.

The coaches' meeting will begin at 8:30, with lifting starting at 9:00. We look forward to seeing everyone.

Best regards,

Jeff Hall

Head FB & Powerlifting Coach

Meet Director

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